



bridge2aid

restoring smiles • changing lives

# Annual Review

September 2010-August 2011

A dental and development charity working in East Africa

105,000  
visitors to [bridge2aid.org](http://bridge2aid.org)

starts  
6%

of national rural population  
now have access to  
emergency  
dental treatment

1111

Friends of B2A

HOPE  
bridge2aid  
restoring smiles  
changing lives



3158

Patients treated during DVP

2150  
supporters

450,000

People with access to pain relief this year

50,000

Estimated number of people treated by COs trained by B2A during the year

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## Message From our Patron

“Bridge2Aid is doing amazing work by greatly increasing access to pain relief, which is vital in the developing world where so many people are suffering from untreated dental disease.”

“By training local personnel to provide emergency pain relief, Bridge2Aid is providing a way out of excruciating agony and suffering for people living in already tough conditions.

The focus on empowerment and sustainability, as well as the professionalism and dedication of the team are commendable marks of the organisation.”

“I am proud to be Patron of an organisation committed to relieving suffering in such a simple, innovative and sustainable way.”

Professor the Lord McColl of Dulwich CBE



More than 70% of the world's population have no access to a dentist, leaving millions to face a daily battle with agonising pain, and no hope of help. We combine responsible volunteering with training for lasting impact.

Working together we can provide a way out of pain for millions



## Restoring Smiles:

We are a leading provider & facilitator of training for healthcare workers in emergency dentistry, and sustainable, ethical and effective dental volunteering opportunities. We are a catalyst for meaningful involvement by the western dental profession in developing nations

## Changing Lives:

We are committed to dignity, care and a way out of dependence for the marginalised at Bukumbi Care Centre, Tanzania.





# Welcome

I'm really pleased that the pace of growth and impact we have set in the past few years continues. 2010/11 once again saw significant growth in our achievements, with a 30% growth in training of Clinical Officers, the completion of refurbishment work at Bukumbi, and growth in the patient numbers and income at Hope Dental Centre.

We have seen significant moves forward in the development of our Tanzanian team, which is the key to long term sustainability of the projects and a positive succession.

As part of this process we were both sad and excited that the founders Ian and Andie Wilson left Tanzania in June to relocate to the UK. The Wilsons will be helping to push forward the next phase of B2A, having done a wonderful job in establishing the organisation and team in East Africa.

We are grateful to our supporters and volunteers for once again helping us to grow, not just in operational terms but also financially. The family that makes up the support base of B2A is helping us to weather the economic crisis, and as a result we are able to positively affect many tens of thousands of lives.

This next year is another watershed, as we plan to extend the scope of our operations beyond the Lake Zone into other countries for the first time. Thank you for your support – let's keep walking together to see millions of smiles restored and lives changed.

Mark Topley -CEO

# Clinical Officer Training

## Majigo Nyambele

Majigo Nyambele is the Clinical Officer at Kolongo Dispensary in Magu.

“It is five years since I underwent the training in Emergency Oral Treatment. Dentistry was one of my dreams for many years. I was very happy to be selected to attend the training conducted by Bridge2Aid in 2007. From that time on people in my village don't need to travel all the way to town for simple dental services. People are happy and I enjoy my work. Many thanks to Bridge2Aid.”



# Relieving Pain

**Georgiana suffered with an infected, caries ridden tooth for three months before finding that help would be available from a Dental Training Programme in her area.**

A mother of two, she normally works as a farmer. However, at times over the three months of toothache, she was unable to work because of the pain. Her husband, a primary school teacher, at times, had to help in the field after a long day at school to make up for her absence.

To get to dental treatment, Georgiana walked for 40 minutes to cover the five kilometres from her home to the treatment centre. After having her tooth removed and infection treated, she thanked the Clinical Officer and volunteer dentist for their help, happy that she would be able to work properly and not have to rely on others to cover for her.



# Restoring Smiles – Dental Volunteer Programme

## Volunteer Case Study – Mark Flynn

“I had done some voluntary dental work in Central America while I was a student but hadn’t really given any thought to doing anything more since. As soon as I saw the presentation about what was happening in Tanzania I wanted in. Rather than anything particularly altruistic, if I’m honest I think I thought it would be something a bit different from a regular holiday. And, despite nodding and smiling at my interview when Stuart Cripps (my interviewer and subsequent friend) told me that most people ended up returning, I was absolutely certain I wouldn’t be among those. This was a one-off adventure and nothing more. What I’d failed to understand, and what I’ve since realised can’t be explained to anyone who hasn’t been, was the spell that Bridge2Aid and the whole experience casts over everyone who tries it. I have yet to meet anyone immune to it. As one of my fellow returners said last year, it gets under your skin and there’s not much you can do about it.”

“I didn’t realise straight away after my first DVP that I was hooked.”



# Restoring Smiles – Dental Volunteer Programme

“It’s a seriously intense two weeks. It’s most definitely not a holiday. The weather’s usually beautiful but you don’t come back with a suntan; the food’s great but it’s necessary energy rather than the luxurious feast it would be anywhere else. And yet, once I’d been home for a couple of weeks, I saw that something had changed and I knew I had to go back. I can’t fully explain why. I don’t have the luxury of being able to afford to do DVP as well as my normal annual holidays so I do it instead of heading to a beach or ski resort every winter.”

“Despite what people might think at home, I’m still no altruist. I don’t go back out of some sense of sacrifice or duty; I go because I love every minute of it. I might come home looking like I need holiday but that exhausted, satisfied feeling on the plane home beats anything lying on a beach for 2 weeks can do for me.”



“What I’d failed to understand, and what I’ve since realised can’t be explained to anyone who hasn’t been, was the spell that Bridge2Aid and the whole experience casts over everyone who tries it.”



## Key achievements in 2010/11

### Emergency Dental Training

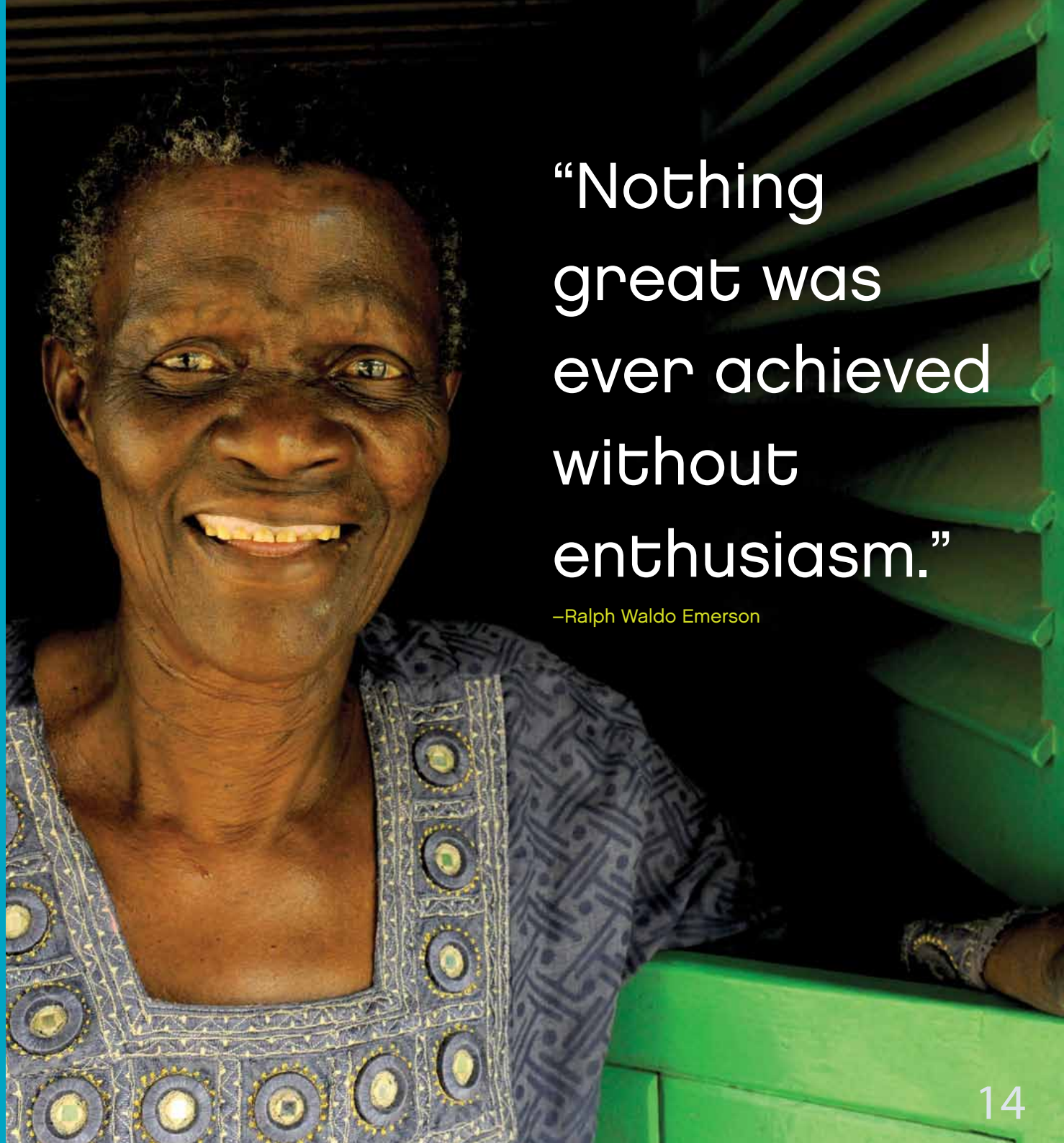
- We operated 4 Training Programmes in Emergency Dentistry through our Dental Volunteer Programme (3 held in 2009/10)
- We trained 48 Clinical Officers (COs) with a 92% success rate (36 in 2009/10)
- We treated 3,126 people during our training programmes for free (2,700 in 2009/10)
- Following this year's training, and additional 450,000 people have access to Emergency Dentistry from COs in their area
- We have now provided access to emergency dentistry to 27% of the rural population in Mwanza, Shinyanga and Kagera Regions

### Hope Dental Clinic

- HDC generated £56,000 of income for B2A in 2010. (£47,000 2009)
- The clinic now treats over 260 patients a month (9% increase)
- The clinic team now 1 expatriate and 2 Tanzanian clinicians, with a nursing team of 4, 3 support staff and a Tanzanian Clinic Manager

Without funds raised by our supporters, there would be no way for us to train Clinical Officers in Emergency Dentistry and provide a way out of excruciating pain for so many people, as well as support our efforts at Bukumbi.

**A very big thank you and round of applause goes to everyone who has raised funds this year by participating in organised events, independently taking on challenges or creating new opportunities for funds to be raised. All allow us to continue and expand the work that we are doing in East Africa.**



“Nothing great was ever achieved without enthusiasm.”

–Ralph Waldo Emerson

# Fundraising

With so many wonderful people organising events for us this year, it's impossible to list everyone, so here is a small sample of the fundraising that took place in 2010/11.



## Andrew Paterson

Amazingly, one challenge wasn't enough for Andrew Paterson, a UK dentist. In the past three months, Andrew has completed a kilomarathon, the Edinburgh marathon and a 300 kilometre, overnight cycle in Sweden. Each challenge was gruelling, completed in the rain, through hilly, windy terrain, but he says that he would do it all again.



## Hope Ball

Every year, Chipping Manor Dental Practice puts on a Ball to raise funds for Bridge2Aid. This year, the event featured champagne in the garden, a four course meal, live music and dancing.

“I think this was one of the best Hope Balls we've ever had. It was wonderful looking around the room to see 180 supporters and friends having a great evening whilst raising money for the amazing work of Bridge2Aid”

Shaenna Loughnane of Chipping Manor.



13 riders

## A-dec Coast2Coast

In April, a team of 13 riders from dental equipment manufacturer, A dec, road 150 miles across the Pennines from Whitehaven to Tynemouth in order to raise funds. The training was tough, and the 3 days of the actual ride were challenging, but all 13 successfully completed the challenge.

150 miles

3 days

# Corporate support

**Corporate funding and grants greatly aid in supporting our work in East Africa. Often of a substantial amount, it is very helpful to have projects, items or areas fully funded.**

After each Clinical Officer is trained in Oral Urgent Treatment, they are supplied with instrument kits and sterilizers to ensure they are able to practice their newly learned steriliser skills. The Vitol Charitable Foundation supplied us with the necessary funds to purchase all instrument kits for the Clinical Officer Training for 2011.

Some of the areas in which we run the Clinical Officer Training are extremely remote and difficult to get to by road. African Barrick Gold supplied all of the funds to charter small aircraft to take the volunteers to the necessary areas, funding for organisational costs, and assisted with logistical support.

In addition, we are grateful to the many UK based dental companies who give us such fantastic support. In particular to our Corporate Friends - A-dec, Dentsply, FMC, Henry Schein Minerva, Practice Plan, and Schulke.



# We Will

## Strategic priorities – 2011-2012

In 2011/12, we will implement focussed and disciplined plans to:

- Extend the scope of Clinical Officer Training to other regions in Tanzania
- Continue developing Hope Dental Centre as a first class dental clinic and income generator for Bridge2Aid.



We believe in the value of our team, and will continue to develop them as individuals to increase their impact.



# We Will

## Strategic priorities – 2011-2012

We believe in relationships, and will work hard to value our volunteers, supporters and donors.

### DENTAL SERVICES

- We will increase our income by 15%, train our staff on a monthly team and individual basis, retain and extend our corporate client base and identify local suppliers to enable some stock to be purchased locally.

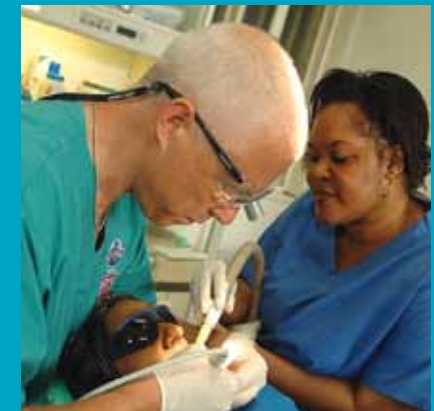


# We Will

## Strategic priorities – 2011-2012

### EMERGENCY DENTAL TRAINING PROGRAMMES

- We will run 4 programmes from Mwanza and 1 programme from Dodoma in central Tanzania.
- We will add Tarime District to our areas of training and possibly others
- We will run two 'Phase II' projects – assisting districts to run their own training with existing personnel
- We will support oral health provision in Tanzania by supporting government personnel
- We will make preparations to run our first training programme outside of Tanzania in the coming year or quarter one of the following year.
- We will host a pilot elective programme with Kings College in December 2011, and our first full elective programme with 5 Dental Schools in 2012.



## Bridge2Aid@Bukumbi

As a responsible charity we seek to not only deliver our core programmes, but also make a difference in vulnerable communities where we work.

We are committed to helping the disabled and People Affected by Leprosy at Bukumbi Care Centre. Our Community Development programme is focussed on Education and Advocacy, Income Generation and Reintegration and Health, Safety and Wellbeing.

### Strategic priorities 11/12

We will make income generation activities sustainable, develop staff participation, increase knowledge and positive participation in health care, and improve access to preschool, primary and secondary education, facilitating sponsorship for secondary and vocational education.





## Key achievements in 2010/11

### Community Development

- All buildings at Bukumbi Care Centre have now been renovated.
- We provided children at Kigongo school a better learning environment, renovating 10 classrooms.
- This year 9 children from the centre have been sponsored through secondary education. There are 4 children in vocational education and 3 in apprenticeships.
- We have continued to deliver food to the centre on a weekly basis and our team make 3 visits a week.

# Restoring Smiles

## Masabuda Dofu

**Masabuda has suffered in life. Without Bukumbi Care Centre, she would be marginalized, alone and suffering.**

She has had to mourn the deaths of 2 husbands and 7 children. To make matters worse, her third husband abused and kicked her out because of her leprosy.

There was no one left to care for her. She was alone, in pain and suffering with leprosy when she came to Bukumbi Care Centre in 1996. Masabuda says that although life has taken her family from her, she has been given a new life with her friends at Bukumbi.



# Changing Lives

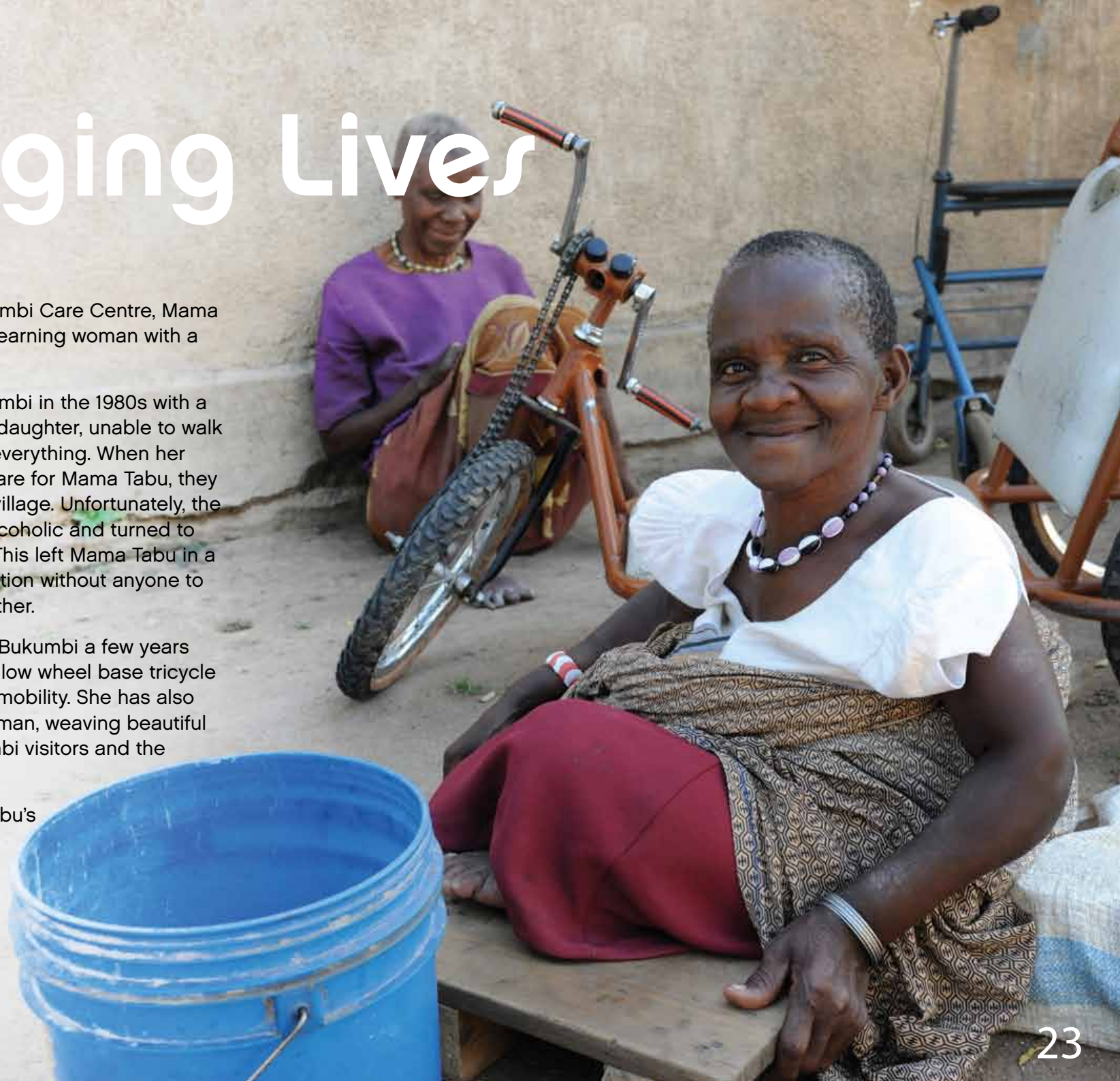
## Mama Tabu

With the help of B2A and Bukumbi Care Centre, Mama Tabu is now a mobile, income earning woman with a smile for all.

Mama Tabu first came to Bukumbi in the 1980s with a disabled mother and a young daughter, unable to walk and dependant on others for everything. When her daughter was 18 and able to care for Mama Tabu, they decided to move to a nearby village. Unfortunately, the young daughter became an alcoholic and turned to prostitution to feed her habit. This left Mama Tabu in a vulnerable and unhealthy situation without anyone to care for her and her aging mother.

When Mama Tabu returned to Bukumbi a few years ago, we were able to source a low wheel base tricycle to allow her the dignity of self mobility. She has also proved to be a resourceful woman, weaving beautiful mats which she sells to Bukumbi visitors and the surrounding community.

We are proud of how Mama Tabu's life has been transformed.



# An independent future

## Susanna Mpemba

**Susanna, a teenager from Bukumbi Care Centre, now has high hopes for an independent, self sufficient life.**

Leaving a life depending on government hand outs and support, sponsored by Bridge2Aid, Susanna is now in her second year of vocational tailor training. She is creating high quality clothing both with and without patterns. She has taken the other three girls studying with her under her wing and ensures that all are doing well. Her only concern is the final exams which must be written in English. We are working with her on English tutoring to ensure that her dream of owning a tailoring workshop in town can be realized.



# Company Teams

## Henry Schein and Friends

Kigongo School, located five minutes from Bukumbi Care Centre, is the primary school where children from the Centre are educated. Until recently, the classrooms were barren with crumbling walls, holes in the floors and unprotected windows.

**Thanks to a team of people related to Henry Schein Minerva, the classrooms have been repaired and decorated and have become a positive, happy learning environment for the children from Bukumbi and the surrounding areas.**

At the handover ceremony, the representative from the District Commissioner's office encouraged staff and students to take care of the classrooms and to appreciate what has been done for them while also saying that they must now take some initiative to make any future repairs and upgrades themselves. This showed that B2A is successful in becoming the catalyst for independence and self sustainability.



# Company Teams

## Chipping Manor

Thanks to the fundraising and hard work of the Chipping Manor team, all building renovations at Bukumbi Care Centre are now complete!



After much hard work raising the needed funds in the UK, in April, the team came to complete the renovations

on the Administration and Clinic Block at the Centre. The roof was replaced, a ramp was built, walls were fixed, equipment repaired and the area cleaned up and made more suitable for a clinic environment before the team arrived. Upon arrival, the Chipping Manor Team cleaned and painted to finish off the project.



# Team members who joined, moved and left

## Joiners



**Paul and Beth Brind**  
– dentists at HDC and  
Clinical Advisor to DVP



**Jacqueline James** –  
Administrative Assistant  
at HDC



**Jackie Kajabago** –  
Operations and Finance  
Manager



**Rosemary Msekela** –  
Receptionist at HDC



**Emmanuel Paul  
Rukwabu** – Driver

## Movers



**Ian and Andie Wilson** -  
Founders Ian and Andie  
have worked tirelessly to  
establish B2A in Tanzania  
over the past nine years,  
and been wholeheartedly  
committed to making  
a difference in the lives of  
so many people. In

June 2011 they relocated to the UK. Ian will continue as  
International Clinical Director and Andie will be working  
alongside him to deliver new projects. Both remain as  
part of the senior leadership team.

## Goodbye and thank you to:

**Charlotte Carter** – Communications Officer (cover October – January)

**Fay David** – Community Development and Education Manager, who left in July 2011 to return to teaching after the birth of her daughter Elsie.

**Lucy Jenkins** – Communications Officer, who left us in October 2010

**Beatrice Okello** – Receptionist at HDC who left us in April 2011 after 4 years to work for African Barrick Gold at Buswagi mine



## Volunteer team

As well as the many volunteers who come to Tanzania each year to work with Bridge2Aid, we are served by a great team of people who give their time regularly in the UK. They help us stay efficient, effective and help keep administrative costs down. They also bring a great deal of skill and enthusiasm.

**Annie Bradley** - Event Co-ordinator

**Shaenna Loughnane** - Unity Partnership Co-ordinator.

**Karen Paterson** – Collection Box co-ordinator

**Graham Stokes** - volunteer speaker

**Jackie Stone** – UK Office volunteer

**Kathy Wilson** – assistance with research and student work

**Gemma Godman** – pro bono PR services

**We are also helped by a wonderful team of advisors –**

**Patrick Allen, Chris Barrow, Iain Corran, Martyn Green, Karl O'Higgins, Graham Stokes.**



# Finance

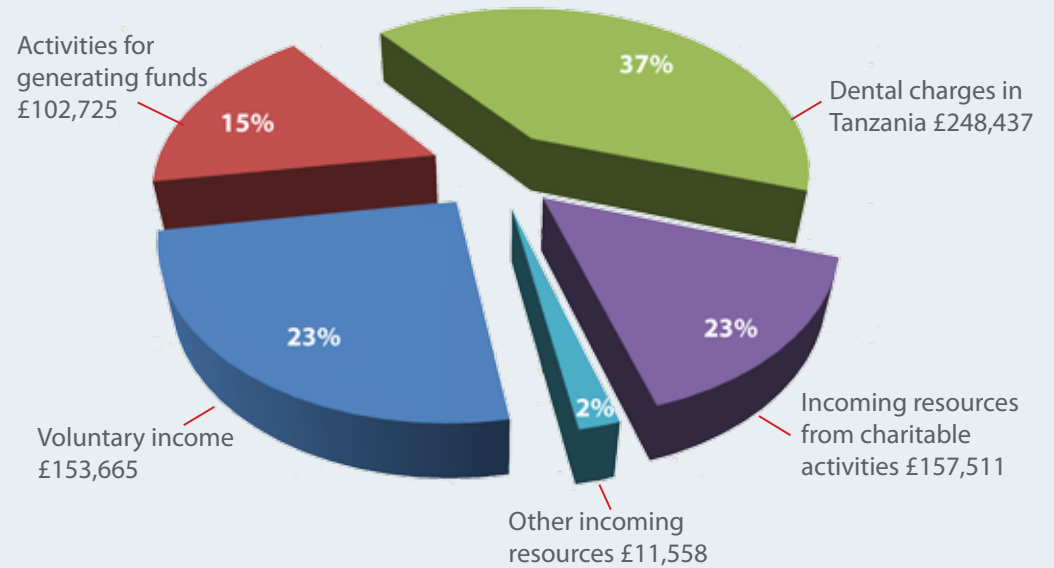
In 2010 we are delighted that our surplus was £98,121, and overall income increased from £558,000 to £674,000. This was largely due to a 50% increase in voluntary income. This result is great testament to the growing and committed body of support which we are fortunate to benefit from.

Expenditure was £575,775, an increase of 8% on 2009, and this was due to an increase in the activities of Hope Dental Centre and charitable activities.

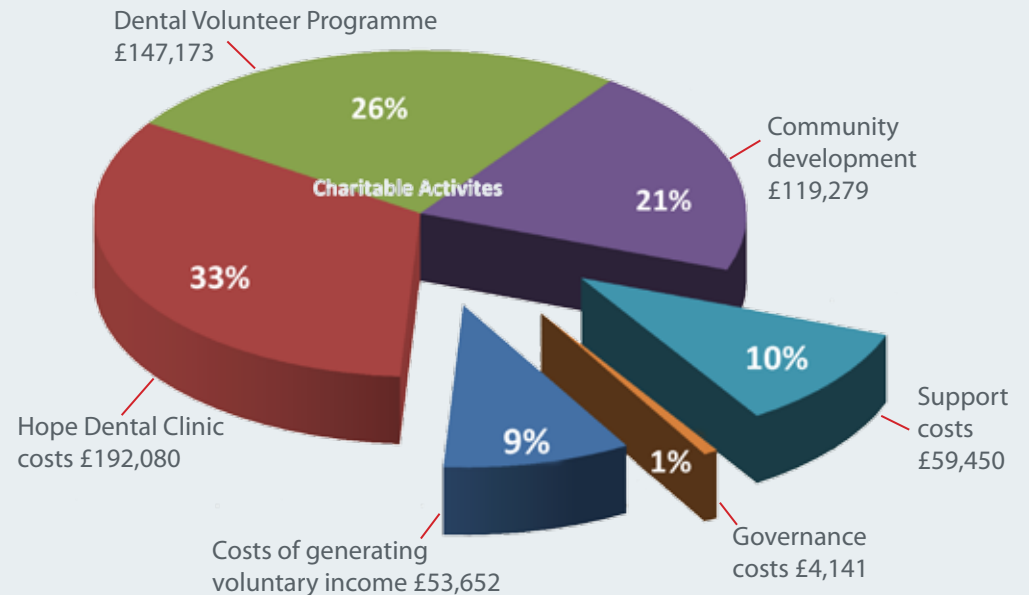
The pie charts show a broad breakdown of income and expenditure in 2010.

Figures are based on the full Annual Report and Accounts 2010 which have been audited by BD&M Ltd. Copies of these full accounts are available from the B2A Office.

Incoming Resources: Total of £673,896



Expenditure: Total of £575,775





**bridge2aid**

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