



Kerry's putting the fun into fundraising!

We have many exciting ways for supporters to get involved in 2009! It's the efforts of amazing people like YOU, who give up their time and energy to help us do what we do, that means we can carry on restoring smiles and changing lives.

RUN THE BUPA LONDON 10,000 AND MAKE A REAL DIFFERENCE!



If running is your thing, why not enter the Bupa London 10,000? Bridge2Aid have guaranteed places for this new 10K run! This high profile event has a strong elite field and acts as a taster of London's sporting excellence in the lead up to the 2012 Olympic Games. It is an incredible opportunity to take part in a fantastic sporting event and to run through central London past some of the city's most famous sites!

Demand for places in this event is extremely high, so don't delay – contact us today! To guarantee your place we ask that you commit to raising a minimum of £500 and in return we will give you all the support you could need!

CLIMB KILIMANJARO

Climbing Kilimanjaro is one of life's true achievements! Soaring above the vast plains below, the 'roof of Africa' rises to a giddy 5,895m (19,335ft).

The climb at altitude, as well as the lunar landscape and stunning views makes it one of the mountains every trekker and mountaineer in the world wants to conquer.

From 20th – 30th August 2009, Bridge2Aid is running a bespoke trip for up to 20 intrepid supporters. Half these places have already been filled, by individuals wanting to undertake the challenge of a lifetime. Will you be joining them? To be a part of this amazing challenge, you will need to complete a registration and medical form and send a deposit for £250. Participants agree to fundraise £2,950 in order to take part.



JUMP OUT OF A PERFECTLY GOOD PLANE!

Ian Wilson, Bridge2Aid's co-founder and CEO, is not one to turn down a crazy opportunity - so he has taken up the challenge of doing a tandem skydive, alongside a brave group of B2A fundraisers!

Ian's dive will take place on 13th June 2009 at Brackley, near Oxford. He would love for more people to join him on this amazing day! All participants need a sense of adventure (very important) and will need to raise £395 (or more) to jump for free!

Dentsply take the title!

With our major fundraising event for 2008 completed, we would like to thank ALL the participants who took part in the Bridge2Aid Yorkshire 3 Peaks Challenge! Over three memorable weekends, 54 supporters enjoyed a 4.30am start and a grueling 26 mile walk over three very large hills – and overcame all manner of discomforts to reach the finish.



Some teams undertook the event with a competitive edge, and 'dug-in' to get up and over the peaks in the fastest time they could. And what a finish it was! But finally, the guys from Dentsply finished the September event in just 8 hours and 16 minutes, very closely followed by Team Schein on the July event at 8 hours and 19 minutes.

Congratulations Dentsply – and huge thanks to the teams from Henry Schein, FMC, Practice Plan, Van Elle, and A-Dec, and the B2A staff and supporters, for all their efforts. A fantastic £21,000 has been raised, which is being spent on the structural renovation of Lwango dormitory, and in providing dental kits for the RCOs trained on the 2008 DVPs.

If you want to join Ian next June, or want to find out more about any of our fundraising events, please visit www.bridge2aid.org or contact Kerry Dutton, our Fundraising Co-ordinator by email kerry@bridge2aid.org or by telephone 07881 912060.

Thank you for your support.

Let the sun Schein in

Next April, a team from Henry Schein Minerva Dental will be coming out to Bukumbi Care Centre to renovate another accommodation block - and they can't wait for the 'opportunity of a lifetime'!

Bridge2Aid have already completed the refurbishment of three major accommodation blocks at Bukumbi, carrying out structural repairs and providing new beds, bedding, mosquito nets and secure storage for the residents' belongings. The Henry Schein Minerva team will be working hard on the cleaning, scrubbing, painting and general renovation of a fourth residential dormitory, called Mpupua.

We are delighted with this investment in terms of time and effort – 'The refurbishments always result in astonishing 'before' and 'after' pictures: from old, dilapidated, run-down buildings to freshly scrubbed and painted blocks that the residents are proud to call 'home' – it's always a remarkable transformation and extremely rewarding not only for the residents but also for those taking part in the project!' Said Jo Topley, Community Development Director.



John Dinsdale

Although each member of the team will be funding their own flights and expenses, they also need to raise £15,000 to make the trip viable and all manner of fundraising activities are underway. Regional manager John Dinsdale decided to make and sell a few Christmas puddings to his friends and colleagues – he currently has orders for more than 200! Diane Cann and Kate Ballam are holding dinner parties that they will ask guests to pay to attend and James Salter will complete his 40-mile commute to work... on foot! Shirley Peet, marketing manager at Henry Schein Minerva is another member of the team:

'We do a lot of work with different communities here in the UK and to be working with Bridge2Aid is an extension of our non-commercial activity. Personally, I'm looking forward to the trip immensely, being given the chance to go and contribute in whatever way we can is a once in a lifetime opportunity and I feel very privileged to be a part of it.'

As part of their year-long commitment to Bridge2Aid as their chosen charity, Henry Schein Minerva will feature fund-raising events throughout 2009 seeking to enhance even further the charity's profile amongst the dental community, plans are also in hand to stage a Bridge2Aid charity ball to coincide with next year's BDTA Dental Showcase at Birmingham in November.

Bridge2Aid very much look forward to welcoming the Henry Schein Minerva team next April – Patrick Allen, Kate Ballam, Marie Brown, Shirley Peet, James Salter, Allan Burge, Siobhan Cleary, John Dinsdale, Diane Cann and Arwel Thomas.

Practice Plan renovate Jumbe



As we go to press, the Practice Plan team are hard at work at Bukumbi, renovating Jumbe block from top to bottom. Having spent many months fundraising with their ingenious National Relay, the PP team of Steve Turnock, Dave Blumfield, Anna Gronow, Julie Modena, Pamela Rowland, Lynne Womersley, Lisa Boyes, Jamie Dallow, Audrey Hamilton and Emma Sillars have also run the final 21 miles of their relay – from Hope Dental Centre to Bukumbi!

A full write up will follow next issue – in the meantime, well done to you all!

Life at Bukumbi - Little Ema

Emma is a 3 year old boy living with his mother and brother at Bukumbi Care Centre. When Emma was born it is believed that his mother, Sundi, had syphilis and he was born with skin described as "burning fire", i.e. raw, inflamed skin. He was kept in hospital for some time after he was born.



He has had oil for his skin, but not at the moment. His mother has learning difficulties and has been unable to keep on top of her son's treatment.

On seeing his conditioning worsening we encouraged his mother to take him to see Dr. Julius. Emma needed a cream that is not available through the local dispensary but for 10,000 Tanzanian shillings (about £4) we have provided the cream that is needed to alleviate his pain. This cream will last for about a month.

Monitoring Emma, we can see that his skin condition is responding to the treatment. We are working with Sundi so that she will tell us when the cream has run out so we can provide more. This means that his skin will be much less painful – especially around his eyes.

12th DVP completed



From its humble beginnings back in 2004, the B2A Dental Volunteer Programme is now running four times a year and next year will bring a total of 48 dentists and 32 nurses out to Tanzania to pass on their skills to local Clinical Officers (COs)!

The November 2008 DVP team worked at both Geita and Magu district. Under the Site Clinical Lead of experienced DVPers Judy Wheble and Graham Stokes, a further 12 COs were trained in emergency oral health care.

This was our first programme in Geita district, where we have been able to work because of an exciting partnership with Geita Gold Mine, who provided accommodation and food for the training team as well as vehicles and logistical support free of charge. This is an enormous contribution and allowed us to provide training in an area which would have been totally inaccessible without their help. Hundreds of people turned up each day during the training – a sure sign that there is a huge need for

emergency dental treatment in the rural areas, and a marked contract to Magu district (where we have been training COs for the past 4 years) where numbers were much lower, but still significant.

The DVP training has a huge impact on a community – each CO serves a population of between 7,500 and 15,000 people in their area. On this basis the most conservative estimate puts the number of people able to access emergency dentistry as a result of the November programme alone at 90,000. That's about the same as the population of Eastbourne!

Many thanks to: Sarah Cusack, Emma Birch, Angela Heaphy, Ioannis Pitsakis, John Carter, Rebekah Lloyd, Rachel Smith, Una Carter, Mandy Bird, Marjan Ghahreman, Janine Warwick, Cassie Sida-Murray, Paul Hellyer, Mary Barlow, Susan Jack, Johanna Partridge, Kathy Davidson, Julie Stokes, Emma Langford, Stuart Cripps, Willie Jack and Claire Barr.

Also thanks to Mark Sepple who joined the DVP teams as a freelance photographer and Paul Hellyer who worked as locum dentist at HDC.



Lwango gets renovated

As a charity, we have a long-term commitment to improve the facilities for residents of Bukumbi Care Centre. It is our aim to see all 6 dormitories, the clinic and all the community areas completely refurbished by end of 2009.

Between 8th & 18th September 2008 a group of amazing volunteers from the UK: Amy, Andy, Bill, Bob, Claire, David, Jackie, Jan, Martin, Maureen and Vicky, completed work on the refurbishment of Lwango accommodation block for the elderly and disabled community that call it 'home'.

In addition, the team also operated a playscheme for 100+ children each day during the work period!

The work carried out has transformed the living conditions of the community who live in this block, and will have a big impact on health and social issues in the future. The team felt privileged to carry out the work and see the residents return with smiling faces back into their building!

The refurbishment was started in July 2008 with repairs to the roof and ceiling throughout the block. The window frames and mosquito mesh was also replaced,

cupboards were built, new doors were fitted and broken toilets were replaced.

The works were funded by Bridge2Aid and donors from the UK and HET DORP Arnhem through Sister Anna Brigitta, MSOL provided the mosquito nets and new bedding.

Total cost of the works including materials, labour, children's playscheme and a celebration with the community came to approximately 23 Million TSH (about £12,000).

Bridge2Aid would like to thank everyone who took part in the project and the UK donors who made the works possible. We have now completed 3 accommodation blocks at Bukumbi, the Practice Plan team will finish a 4th by the middle of December this year, and we have committed to continue with further blocks during 2009.



A-dec delivery surpasses all expectations...

A-dec UK are long time friends of Bridge2Aid having supported us over the past 5 years with equipment, funding and fundraising, as well as hosting us on their stand at BDTA. In November this support went one step further when two A-dec engineers, **Dave Robinson** and **Brian Anderson** were flown to Mwanza to install a new Performer package in surgery 2, to complement the Radius package installed in 2006. This is an enormously valuable donation and means that both surgeries are now equipped with first class equipment, enabling the dental team to work more efficiently and effectively.

Whilst in Mwanza Brian and Dave also serviced the 2006 package and other equipment, helped to sort through our spares and were able to see the DVP in action. They also visited Bukumbi with the team and saw the work in progress on Jumbe, which will be refurbished by the Practice Plan team in December.



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Bridge2Aid is a UK Registered Charity No. 1092481

design: www.profildesign.net



Winter 2008

Bridge2Aid news



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